

1990 Region 8A Championship – June 2, 1990

Teams: Marshall Co. So./Warren 95, Mahanomen 78, Clearbrook-Gonvick 53, Norman County East 44, Park Rapids 38, Stephen 34, Walker-Hackensack-Akeley 25, Bagley 24, Hallock-Hum-StV-Ken-Lan 21, Roseau 18, Waubun 16, East Grand Forks 15, Win-E-Mac 14, Fertile-Beltrami 14, Crookston 12, Tri County-Karlstad 10, Fosston 10, Red Lake County Central 2, Marshall County Central/Middle Rvr 2, Sacred Heart 1, Indus 1.

100

- 1 J. Anderson, Hallock 11.16
- 2 A. Molacek, MCS/W 11.44
- 3 F. Schaap, Park Rpds 11.85
- 4 J. Bye, MCS/W 11.87
- 5 D. Roy, NCE 11.89
- 6 D. Haugo, Waubun 11.99

200

- 1 J. Anderson, Hallock 22.70
- 2 A. Molacek, MCS/W 23.05
- 3 R. Tollefson, F-B 23.65
- 4 P. Kenny, Park Rpds 24.35
- 5 C. Hanson, C-G 24.55
- 6 T. Paul, MCS/W 24.71

400

- 1 J. Dahlberg, C-G 51.85
- 2 R. Tollefson, F-B 52.36
- 3 T. Bjorgaard, MCS/W 52.57
- 4 S. Sedlacek, MCS/W 52.65
- 5 D. Brtek, Fosst 52.76
- 6 B. Safranski, Stephen 53.23

800

- 1 J. Hanson, Roseau 2:00.80
- 2 M. Pederson, W-H-A 2:01.40
- 3 C. Flaserud, Fosst 2:03.01
- 4 C. Chwialkowski, TC-K 2:03.30
- 5 J. Nelson, RLCC 2:04.50
- 6 B. Anderson, Stephen 2:06.25

1600

- 1 J. Johnson, Bagley 4:34.47
- 2 L. Rugland, Roseau 4:38.10
- 3 K. Lacey, Mahanomen 4:40.90
- 4 G. Korynta, MCS/W 4:45.95
- 5 B. Hadden, EGF 4:47.84
- 6 C. Netland, Bagley 4:48.50

3200

- 1 M. Lavin, Bagley 9:58.79
- 2 K. Lacey, Mahanomen 10:24.72
- 3 C. Smith, Stephen 10:30.12
- 4 G. Korynta, MCS/W 10:40.29
- 5 Rob Wheeler, Bagley 10:40.85
- 6 Russ Wheeler, Bagley 10:42.58

High Hurdles

- 1 D. Burdick, Mahanomen 15.31
- 2 D. Gish, Mahanomen 15.87
- 3 S. Roepke, C-G 16.03
- 4 J. Drewry, Park Rpds 16.59
- 5 J. Maurstad, MCS/W 17.10
- 6 M. Fore, EGF 17.26

Intermediate Hurdles

- 1 D. Burdick, Mahanomen 41.62
- 2 D. Gish, Mahanomen 42.10
- 3 S. Roepke, C-G 42.50
- 4 E. Voss, Waubun 43.00
- 5 S. Underdahl, NCE 43.30
- 6 M. Miller, MCS/W 43.50

4x100 Relay

- 1 MCS/W 45.49 (Fagerstrom, Molacek, Votava, Bye)
- 2 EGF 46.04
- 3 NCE 46.15
- 4 Park Rpds 46.20
- 5 Crookston 46.42
- 6 Hal-Hum-StV-K-L 46.60

4x400 Relay

- 1 Clearbrook-G 3:32.56 (Gustafson, Roepke, Westrum, Dahlberg)
- 2 MCS/W 3:32.89
- 3 Walker-H-A 3:33.21
- 4 NCE 3:39.01
- 5 Stephen 3:39.98
- 6 EGF 3:41.85

Sprint Medley Relay

- 1 NormanCntyE 3:45.63 (D Roy, B Roy, Dunbar, Narum)
- 2 EGF 3:47.65
- 3 Tri C-K 3:47.97
- 4 MCS/W 3:49.05
- 5 Fosston 3:52.01
- 6 C-G 3:57.20

Shot Put

- 1 B. Bjorge, Mahanomen 53-9 ½
- 2 D. Borowicz, Stephen 50-6
- 3 Wagner, Park Rpds 45-0 ½
- 4 Tangen, Win-E-Mac 44-10
- 5 Kramer, Mahanomen 44-6 ½
- 6 Sellberg, Indus 44-2

Discus Throw

- 1 J. Bergman, W-H-A 155-9
- 2 J. Wagner, Park Rpds 150-6
- 3 D. Borowicz, Stephen 148-11
- 4 B. Bjorge, Mahanomen 134-2
- 5 R. Tangen, Win-E-Mac 129-4
- 6 M. Meyer, Sacred Heart 128-5

Long Jump

- 1 K. Saatkunam, MCS/W 20-5
- 2 J. Labine, MCS/W 20-3
- 3 D. Haugo, Waubun 20-0
- 4 J. Narum, NCE 19-4 ½
- 5 Y. Gustafson, C-G 19-3 ½
- 6 E. Voss, Waubun

Triple Jump

- 1 J. Narum, NCE 42-11 ½
- 2 K. Saatkunam, MCS/W 41-10
- 3 S. Roepke, C-G 41-8
- 4 D. Haugo, Waubun 40-8
- 5 D. Borowicz, Stephen 40-2 ¾
- 6 R. Holte, EGF

High Jump

- 1 B. Westrum, C-G 6-4
- 2 T. Finseth, Win-E-Mac 6-4
- 3 C. Poer, NCE 6-2
- 4 A. Molacek, MCS/W 6-0
- 5 J. Underdahl, MCC/MR 6-0
- 6 K. Hickey, W-H-A 5-10

Pole Vault

- 1 A. Oman, Crookston 13-0
- 2 R. McGlynn, Stephen 12-6
- 3 K. Carlson, Park Rpds 12-0
- 4 D. Steinmetz, Mahanomen 12-0
- 5 J. Hjelle, EGF 11-6
- 6 R. Votava, MCS/W 11-0

* Ties Meet Record

** New Meet Record

Notes: